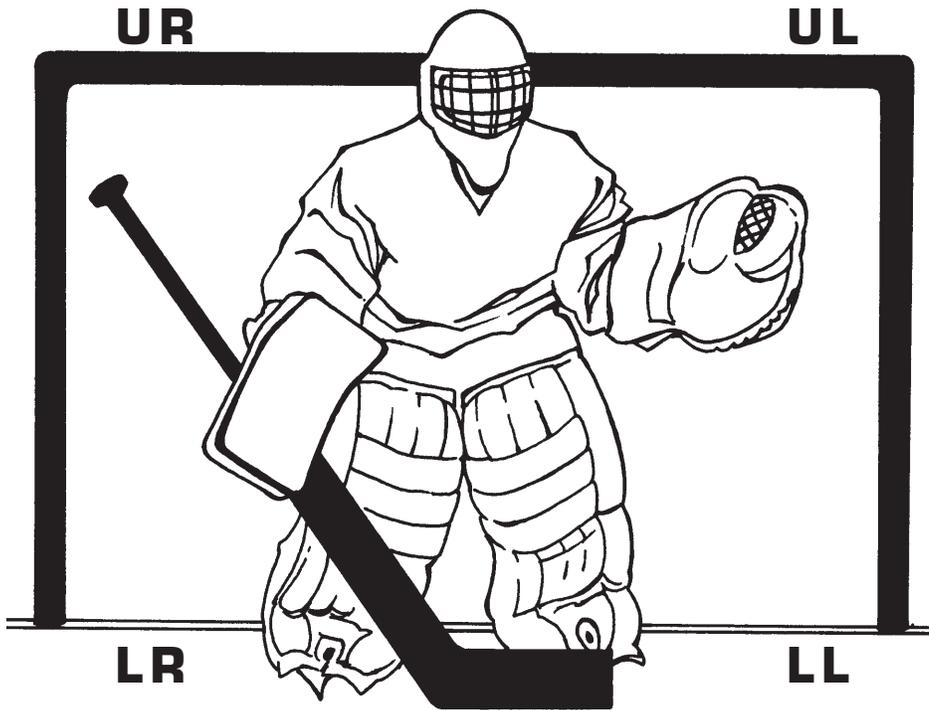


## PRACTICE GOALTENDER CHART



Date \_\_\_\_\_

Goaltender \_\_\_\_\_

Lower Left \_\_\_\_\_

Lower Right \_\_\_\_\_

Upper Left \_\_\_\_\_

Upper Right \_\_\_\_\_

Drill GPSG

\_\_\_\_\_

Shots:

Scrimmage GPSG

\_\_\_\_\_

Total for Day

\_\_\_\_\_

Shots:

Comments:

- 
- an X is placed wherever a goal is scored during drills; an (X) when a goal is scored during scrimmages.
  - to determine goals per shot on goal (GPSG):  
shots ÷ goals = 35 ÷ 4 = 8.75 which is 1 goal for every 8.75 shots